

Help! I Just Got Saved

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by:

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**I JUST GOT SAVED,
HELP!**

*M*y heart pounded so hard I thought it was going to jump right out of my chest. The message I had heard and the conviction I felt inside compelled me to get up out of my seat and walk the aisle to the altar, where I poured my heart out to God, asking forgiveness for my sin. I was making a commitment to God and it has held despite temptation, ridicule, and time for fifty-three years, at the time of this writing.

Giving your heart to the Lord, whether you have repeated a prayer, meaning every word as if it was your own, praying at an altar or feeling a great pulling from reading the Bible, is a big deal. It's a big deal to God. And it is a big deal in your life.

So, you just got saved. Great! Salvation is the most wonderful miracle that could ever happen to an individual. You have embarked on a new way of living that will change your life forever. But, you're still in the same old body which still has the same characteristics. On the outside it doesn't look like anything has changed. Yet, inside of you, a marvelous change has taken place.

What Just Happened to Me anyway? As you attend services with your new congregation, read the Bible, and hang out with other Christians you are going to begin hearing some new words and expressions. There will be phrases spoken that describe what has happened to you, but perhaps you don't know exactly what they are talking about. Sometimes we seasoned Christians forget that new Christians don't automatically know what's going on. You want to be a part and you want to understand, but it just seems so difficult that you get to thinking, *"Maybe I don't really fit in with these people after all."* This is a trick of the enemy to get you to turn away from being a Christian.

Let's start with that very title "Christian." The word means to be "Like Christ." It was first used in the New Testament, in the Book of Acts when Paul and Silas saw a great number of people come to Christ in the city of Antioch (Acts 11:26). They were so overjoyed to have a new life, a life that would bring them peace, love, hope, and a lot of other very good things that they didn't have before, that the only way they could describe it was to be like Jesus Christ. After all, the life they had lived before offered very little, if any, of these things. So, they started calling themselves "Christians", or "Christ-Like." Isn't that a neat idea? That we can be like Christ? It may seem impossible, but stick with me a few more pages and I think you will understand what happened to these people.

The title was so descriptive of the change that took place in their lives that people in other cities that had come to Christ, also began to call themselves "Christians" and the title stuck. That isn't unlike people today, is it? When we associate ourselves with a way of thinking we take on a name that describes our belief. Even the different races of people have unique names like Caucasian, Afro-American, Indian, or Oriental. These are descriptive names of ethnic groups. And don't most of us take on a nickname that describes the State we live in? What about a club that we have joined? So being called a Christian is just a description of the group of which we have become a member.

You will also hear the term, "Born-Again." What in the world do we mean by that? This comes from the third chapter of St. John's Gospel in the Bible. Jesus was talking to a well education man named Nicodemus. This man had heard the words of Jesus, and His teaching seemed like a wonderful, new way of living. But he didn't quite understand. So, under the cloak of darkness, when no

one could see him, Nicodemus came to where Jesus was staying and began to ask Him questions.

Jesus simply explained that the change which must take place in an individual's life to make all these things happen for him, was like being born all over again. Now, He didn't mean that we crawl back up into our mother's womb as a little baby and re-live life. But He did mean that we can start right where we are. We don't change on the outside, but on the inside, and we let Christ change everything about us. Our attitudes, our feelings, our emotions, all have to change. We can't do this alone, and so when we repent of our sinful nature, we allow God to place His Holy Spirit within us to help us accomplish all these new things.

They don't necessarily transform all at once either. God knows that we can't handle that much extreme change in a single moment. So, He helps us to deal with the things that need changing a little at a time.

The change that we are talking about means a radical new person must be birthed within us. Sometimes we feel it in a marvelous way, and sometimes we may not feel a thing. But, if we believe what Christ said in the Gospels, then we can grasp hold of that way of living, and take it by faith, or simply believe it to the point that we act on it, and the change will begin. It may be a slow process, but it will begin right away. It's like the old you is now gone and a new you is in its place. It's being born-again!

What about the title "Believer?" This term simply means that you have believed on Christ to the point that you have given all you are to make your life conform to His teaching. Many times, I have used the example of a burning house or building. Let's say that I ran into your house and yelled "*Get out! The house is on fire!*" At this point you have a choice. You could say, "*Oh, okay, I believe you, but I'm going to finish watching this movie first before I get out.*" Or, you could really believe what I just warned you about, grab what few things you could get your hands on, jump up and get out of the house.

In the first example, the individual said they believed, but they didn't really or they would have acted on it. In the second example, the individual believed

every word I had told them, and they acted on it - They got out of that burning house!

It is the same way in Christ. Many in this world will say they believe, but they don't really because they don't do anything about it. You just got saved, or became a Believer because you heard the Good News (Gospel) of Christ and believed to the point that you did something about it. You acted on your belief, so you became a "Believer."

Christians also call coming to Christ, "being saved." To be saved means that, because of sin in our lives (we will explain this in just a moment), without a Savior (one to come to our rescue), we are doomed to eternal destruction. This is because we are helpless to save ourselves. Jesus Christ became the one worthy to be our Savior and so our belief in Him frees us from eternal death and actually restores us to qualify for eternal life. That's being saved. Cool, isn't it?

I would like to take a moment and try to explain just exactly what happened to you when you became a "Christian-Believer-Born-Again-Saved" individual. It is more than just simply changing your mind. It is giving up of the old you, and letting Christ form a new you. In order to really explain this, I've got to go all the way back to the beginning of mankind, and attempt to tell of the history of the entire Old Testament and New Testament in just a few paragraphs. I don't want to bore you, but if you will bear with me just a few moments and read the next few lines, hopefully, it will help you understand the whole process of being saved.

It all began with the first man and woman that ever lived. God made Adam, the first man, from the dust of the ground. He used it to form a man, but then did something with His new creature that He had not done with any of the other animals. He breathed into this man what the Bible calls the "Breath of Life." It was like Divine mouth to mouth respiration. What God did when He breathed into man was to give him a soul that would live forever. This living soul separated man from the animal kingdom. Because man was made a creature that basically liked to be with others, God made a woman from one of man's ribs, and so, the first couple in history walked the Earth.

God made a wonderful garden called Eden and put them in it to take care of it, and enjoy it. In this wonderful garden God placed two trees of special significance. One was the Tree of Life, the other, the Tree of the Knowledge of Good and Evil. Eating from the Tree of Life would make man live forever in his physical body, while eating from the Tree of the Knowledge of Good and Evil would allow man to know the difference between good and evil. Up until this time, man only knew "good." He had no idea what evil was. Adam had no idea what it felt like to hate another, nor did he have any feelings of sadness, worry, fret, lust, or greed. God told them that they were not to eat from this second tree.

To make a long story short, the devil entered into the serpent and tempted Eve, the woman, to eat of the tree, lying to her and telling her that they wouldn't die as God had said, but rather that they would become just like God! So, Eve yielded to the devil in the serpent, then tempted her husband, Adam, to eat also. We don't blame the woman even though she was very wrong for doing this, but Adam had to make his own choice to eat the fruit of this forbidden tree. Even though he tried to blame her, in his heart he really wanted to do it or he would have refused.

Because of their sin, they did obtain the knowledge of good and evil, but in a twisted way. They had eaten in disobedience and sin to God, and so they learned it from the side of evil, with more emphasis upon evil.

Just like God, man is made up of three entities. Man has a physical body, the part we see when we look at each other. But man also has a spirit. Up until now, man's soul, the part of him that brought life and will live forever, was equally housed in the body and the spirit. It was through the spirit that man was in contact with God. But, just as God had promised, when he sinned, man died. Not his physical body, but his spiritual side. And so, man only knew life through the physical body and lost contact with the spiritual aspect of his life.

Very quickly, before man could eat of the Tree of Life and live forever, God banished Adam and Eve from the Garden of Eden because if they had eaten of that tree after eating of the other (remember, in sin), they might live forever in sin.

A plan had been devised even before then, to redeem, or buy man back to God. This plan would include a way that man's spirit could be brought back to life and in a right relationship with God once again. This plan would require a sinless human sacrifice to pay the penalty for the sin of man.

God had put a free will in man. It was the desire to do things because he wanted to. God knew that if He forced man into redemption, that man might reject His plan. Man had to come into the plan because he saw the need to do so, and of his own free will.

So, for several thousand years, God let man learn from his own sins and failures how much he needed a Savior, one that man must depend on, knowing that he could never get back into a right relationship with God on his own.

The Bible talks about seven different ways that God dealt with mankind. Why did He do this? Was it that He tried all these different ways because He was trying to figure out the best way to deal with man by the trial-and-error method? The answer is a resounding "NO!" God had a plan. As we have mentioned a couple of times already, God gave man a free will. He did this because He desired a creature that loved and worshipped Him because that creature wanted to, not because it had to.

But, because man had this free will, and because he had sinned against God by doing what He had told him not to do (eating the forbidden fruit), God set forth a plan that would clearly show man that he needed God in order to be restored to his original position before he sinned, and that he could not do it on his own.

If you have not been a believer very long, and don't know much about the scripture, then some of the names I'm going to mention in the next few lines may seem unfamiliar to you, but as you read your Bible you will get to know them. I mention them because they mark periods outlined in the scripture that show the beginnings and endings to these special ways in which God dealt with man. These are called "dispensations."

First of all was the age or dispensation of “Innocence.” This was the time before Adam sinned and caused his soul to die, or be separated from God. I’ve already explained that, so we will go on.

The second age or dispensation is called “Conscience.” This was from the time of Adam’s fall until the time of Noah. During this time, God allowed man to live by his human conscience. He did what he thought was right. But this didn’t work because of so many different ideas and thoughts on just exactly what was to be considered right and wrong. So, by the time of Noah, man had become so sinful that God had to destroy all of mankind with a devastating flood. Because man was in a fallen state and in sin, it was too easy to justify sin in the conscience part of man.

After the flood the age or dispensation of “Human Government” began. During this time, God allowed man to set up his own laws that would determine right from wrong. This too failed as we can see in society yet today. Our laws allow for such things as abortion, which lets man’s conscience be eased for destroying an unwanted child and justifying it because it is within the law. Man cannot trust himself to set up governments that completely define right and wrong, because this government, regardless of how noble it may be in the beginning, will eventually become corrupt and anti-God-like because even on paper he will justify himself for what he wants to do.

When God called Abraham and promised him that He would make a great nation from his descendants, it began the age or dispensation of “Promise.” This was a time when man relied on God’s promise to influence him to do good. But, at the end of this age, once again, man had failed in that his faith in God’s promises had become hardened and he lived in disbelief.

Beginning with Moses, God began the age or dispensation of the “Law.” This was a time when God gave a set of laws for man to follow. If man perfectly followed these laws, he could hope to be holy enough to restore his relationship with God. However, not one Israeli could live up to these laws. Even Moses himself, as close to God as he was, reacted in anger, causing him to not be able to enter into the “Promised Land.”

So, man had come to the point that he had fallen from innocence, and seen that he could not rely on his conscience, or his own governments to return to God. He had also seen that his own belief in God's promises would soon grow cold, and that he couldn't ever hope to live perfectly to fulfill God's law. This left man hopeless in himself to ever be able to come back to God on his own.

Man was ready to be introduced to a new age or dispensation called "Grace." This age was issued in when God, in the form of His Son, Jesus Christ, became the sinless human sacrifice required to fulfill man's sin. This allowed man to be restored to God by believing in Christ's sacrifice, and being restored back to God, not because he had earned it, but because God Himself through Jesus, had paid for it and given it to man. This is where we are today, and why you just got saved.

The final age, or dispensation will come when man is governed by Jesus Christ physically. We will deal with that another time, in another book.

Hopefully, this will help you to understand why we need the grace given by God through Christ. This is why we need to be saved, and this is what just happened to you. At this time turn in your Bible and read Psalm 32 and Psalm 51. These chapters will help you identify with your decision to follow Christ.

**Now That I'm A
Christian, What Should I
Do?**

*P*ace is something that the whole world has looked for since Adam fell in Eden. Peace means to have calmness in your life and in situations surrounding you. Perfect peace would mean that conflicts would never arise within you or around you. This all sounds well and good, and certainly will be a part of the coming Kingdom ruled by Christ, but isn't part of the real world we live in right now.

Despite all the conflict that surrounds us, we can have peace in our lives. We become like the eye in a hurricane. All around us is a terrible wind and destructive forces, but within is calm and satisfaction. We are content with who we are (though never content with our relationship with Christ).

If you haven't found this peace yet, hang in there and keep on seeking God, and I guarantee you will find it. As long as we don't give up and we keep looking for it, we will find it.

There are two things we must do to grow in God and they are getting in the word and praying. The devil will try to defeat you in these two areas because he knows these things will help you to grow with leaps and bounds.

First of all, the devil will tell you that you can't understand the Bible so why read it? He will also try to trick you into using only the King James Version thinking it is the only real Bible. He does this so that you will have a hard time reading. You can use the King James Version if you want, just don't get discouraged with the Old English used in it. This is where so many fail in their Bible study time. There are many good modern English translations available today and don't feel bad for using one. They can help you to understand. You might go to your pastor and make sure it is a good one though. Just like everything else in the world there are counterfeits so let an experienced Christian guide you in this area.

Read the Bible, take what you understand and make it a part of your life. You may not understand everything the first time through. Very few Christians do. You see, I don't know any real graduates of God's school. We are all students and most likely will be the rest of our lives. Don't worry because you didn't understand everything the first time. You will find that each time you read it again, it will become clearer. So, just proceed at your own pace. It doesn't matter how many chapters you read each day. What does matter is that you understand what you read. If one verse is all you can comprehend in a day's time, then make that verse a part of your life by living according to its truth and then proceed on. But don't use that as a "cop out" to keep from reading. Make an honest effort in your reading.

Prayer is the other tool. Prayer is also something that the devil would try to discourage you from doing. Many people have complained that they can't pray because they don't know how. Prayer isn't flowery, special words spoken. The only right way to pray is to simply tell God what is going on inside of you. Talk to God as you would a friend, after all, He will become the best friend you could ever have.

When we pray, we shouldn't be doing all the talking either. Many times, prayer consists of periods of silence when we are allowing God to speak to our hearts. If we be still, and listen inside, He will do just that.

When we learn to pray as we read the word, then God can speak to us through the Bible and a whole discussion can begin to take place!

As you spend time with God in this manner, you will begin to grow spiritually like you never dreamed you could. The more we grow the less likely we are to go back on God and return to the way we were before we got saved.

**I Do Some Things That
Christians Shouldn't Do
But I Can't Stop . . .
What's Wrong With Me?**

AS you become serious about your relationship with God, you will find that there will always be things you need to work on. That's the good thing about God. He doesn't come rushing in on us right away with a bunch of "dos and don'ts". Be careful in this area. Some people expect new Christians to grow up immediately. But we would never expect a child to do the same thing - not if we want a healthy child anyway. The same is true in our Christian experience. If God showed us everything that we needed to get out of our lives the very moment we got saved we would be so overwhelmed that we'd just say, "I can't do it. What's the use?"

But God doesn't work that way. He will show us things in our lives that we need to work on, one at a time. Don't let people push you over the edge with their rules and regulations. Just proceed with what God is showing you in your Bible study and prayer time. Now, this is a little tricky but you can do it. There are those that God will send your way to help guide you in your studies. But God will show you who those people are and you will feel good about them in your heart. We all need others so I'm not suggesting that we cut everyone else off. I am saying that we need to be careful who we listen to or we can get all mixed up.

Take those things one at a time as God shows them to you. As you grow, you will begin to find that most of those things that need to be removed from our lives are inward feelings and bad emotions. These things are far worse on us than what we may do on the outside more often than not, the outward things that most people concentrate on are only results of what's going on inside of us. We get the inside problems fixed and usually the outside things just disappear with only a little effort.

**What's This Holy Spirit
Thing All About?**

The Holy Spirit is a part of God Himself. We discussed how that we are a three-part creature. We have a body, a soul, and a spirit. The soul is the part of man that will live on forever. The body and spirit are “vessels” in which the soul lives.

When man sinned in Eden the spirit side of man died and the soul became dark and deformed. At this point, when man died, his soul went to one of two places to await the final judgment of God. If he had lived a life trying to serve God then his soul went to “Paradise” to await Christ’s sacrifice for sin. If the individual had lived a wicked, evil life, then his soul went to a place called “Sheol” or, as interpreted in the Bible, “death and hell.” Here he existed in a deformed spiritual state, and all that have gone there are still there, awaiting God’s final judgment.

When Jesus died on the cross to pay for man’s sin He went to Paradise and preached the “Gospel” (Good News) and of course, all in Paradise believed in Him and so Paradise was moved into to Heaven. Now, all who die physically as a Christian go to the Paradise part of Heaven where all those people are waiting for the return of Christ when they will be given a new, glorified body. They now live only in the spirit.

I wrote all of this to help simplify the existence of the three parts of man. Man was made in the image of God so it is natural for God to also live in three parts:

1. God the Father, the part of God that corresponds with the soul of man. He is the part of God that no man has ever seen with the natural eye.
2. God the Son, Jesus Christ Who corresponds with the physical side of man. The Bible says that in Him dwells all the fullness of the Godhead bodily (Colossians 2:9). In other words, He is the physical part of God.
3. God the Holy Spirit, the Spirit side of God that corresponds to the spirit of man.

The difference between man's threefold makeup and God's is that God, being the all powerful Being that He is, can exist in all three forms simultaneously. To illustrate what I mean, when Jesus was baptized God, the Son was physically in the water with John the Baptist, God the Father spoke audibly from Heaven, and God the Holy Spirit descended in the form of a dove upon God the Son (Matthew 3:16).

Here's the wonderful part of what happened to each of us when we got saved. As I said before, when Adam sinned in Eden his spirit died, or was separated from God (so separation is the actual meaning of death). The part of man that could relate to God was eternally separated from Him.

The Bible tells us that God lives in us when we come to Him. The Holy Spirit is that part of God that lives in us. The Holy Spirit is called by several different names in the Bible, like, the Holy Ghost, the Holy Spirit, the Comforter, and the Spirit of Christ.

The Bible says, "without the Spirit of Christ we are not His..." (Romans 8:9). So, when we make our commitment to Christ God enters our lives by way of the Holy Spirit. Because man's spirit has been cut off eternally from God, He

must keep our spirits “alive” by way of the Holy Spirit within us - Sort of like jumper cables between two cars. His presence in our lives is vital to our spiritual existence.

In the course of talking about the Holy Spirit, you will eventually hear someone mention the “Baptism in the Holy Spirit.” There is much controversy about this subject and you will hear extremes about it from both sides. I want to say first of all that it is a real experience. It is something that can only be topped on this Earth by our salvation. However, both extremes are in error and that seems to be the way with most Christian doctrines. You will always have two extremes. My counsel to you is that you look at both extremes and then search them both out. You will find that the truth lies somewhere in the middle and that some parts of both sides are true as well as false. Then you can begin to learn what God is telling you in whatever doctrine you are studying.

By the way, a doctrine is simply a teaching from the Bible. It is nothing to be afraid of. A true doctrine is in the Scripture but just needs to be searched out. Many people refer to doctrines as the teachings of man but the true term for that is dogma. Don’t fool around with dogma because frankly, we don’t have time for that. But doctrine from the Scripture is there for our own good.

This “truth in the middle” thing I was talking about also applies to the teaching about the Baptism in the Holy Spirit. The thing that is most controversial about this truth is the “speaking in tongues” part. People have a hard time dealing with that. Once again, however, we must accept the fact that it did happen in the Bible. The true meaning of speaking in tongues is this: God gives a supernatural ability to the individual to speak in a language he or she has not studied or learned. They begin to speak words that seem to come to the lips from inside and when they do that, they are allowing the Holy Spirit within to speak truths that they may not even know themselves. It may sound a little like “possession” but it isn’t because the Holy Spirit will put a desire to speak inside of us, but will never force us to speak. He does not take us over like you may have seen in a movie or something. He only works as we allow Him because He is part of God and God does not force us to serve Him. He wants us to, but He wants us to do it because we want to.

This experience we call "The Baptism in the Holy Spirit" is a realization of the Spirit of God within us. We realize the reality of the Spirit of Christ (Who has been there all along since our salvation experience) then we yield ourselves completely over to Him and in the process of so doing, we will be filled with God's Spirit and it will start becoming evident by the working of spiritual gifts and characteristics (or fruits) in your life. You may speak with tongues, you may prophecy, or you may know it by one of several other gifts God has given to His Church. Whatever the case may be, you will know that a change has taken place in your life. You will suddenly have a greater awareness of the presence of the Holy Spirit within you and you will feel compelled to witness for God. When we realize what God is wanting to accomplish through our lives with this marvelous experience it makes perfect sense to be baptized, or submerged, in the Holy Spirit.

Be careful not to deny this gift or experience because it is found in Scripture. If you feel insecure about it then take time to study it out and let God speak to your heart regarding it. It is not a requirement to get to Heaven but it sure helps to get through life until we get there. Don't deny the experience even if you choose not to seek for it because in so doing you could be in danger of blaspheming God. Don't take that chance!

How Should I Be Baptized?

We are speaking here of baptism in water. This is a practice that has been done for centuries that signifies one's choice to convert from one way of thinking to another. For Christians it has a significant meaning however and we do it in obedience to the example of Jesus, when He himself was baptized. If you will take the time to read John 1:29-33 you will see that Jesus was just beginning His public ministry. His cousin, John the Baptist, had been baptizing people, telling them to repent of their wicked ways and prepare for the coming Messiah. Jesus came to John to also be baptized. When John realized that his cousin, Jesus, was in reality the Messiah - The Coming One sent from God to redeem the world, he wanted Jesus to baptize him instead. But Jesus insisted and so John baptized Him.

To the Christian, baptism is only a symbolism of what Christ has done for us inside. Baptism does not save us. There is no water on the Earth pure enough to wash away sin. It does represent the cleansing action done by Jesus Christ inside of us when we accept Him in salvation.

It also takes on the symbolism of our old man (our old life) being dead and buried with Jesus as He died on the cross and was buried. Three days later He was resurrected (brought back to life symbolizing our new life). What a

representation, huh? It becomes a blessing to us when we view baptism like this.

A third thing water baptism does for us is to witness to the world by public example that we have forsaken our old way of life for a new way of life, accepting Jesus Christ as our Savior, and we have changed. In a sense it begins our testimony to the world.

You may hear about “baptism formulas.” This is referring to the words spoken over you as you are baptized. Some will tell you that you haven’t been baptized correctly unless the words “In the Name of the Father, and the Son, and the Holy Spirit” are spoken as they “put you under.” Others will say that the words must be “In the Name of Jesus.” Don’t be confused by this. The Bible says it both ways. In fact, it also tells us to be baptized in the “Name of the Lord,” “In the Name of Christ,” and so forth. What the Bible is telling us is that the exact words spoken are not as important as the act of obedience.

You get baptized having someone use the words you feel comfortable with but don’t let that keep you from getting baptized. You don’t have to be baptized to get to Heaven but if pride or some other feeling is keeping you from getting baptized, that is something that might cause you a lot of grief in your Christian experience.

**What About All These
Denominations?**

Another thing I would like to talk to you about is all these denominations. I'm talking about all the different groups of congregations. There are all kinds of names: The Methodist Church, The Nazarene Church, The Baptist Church, The Christian Church, The Church of God, The Foursquare Church, and many others including varieties of those already mentioned. It is important to be in fellowship with other believers, simply because we need to be able to worship together. We need the fellowship and support of fellow Christians.

The important thing about picking a congregation to worship with is not so much who is right and who is wrong. As long as a congregation teaches: *"You must be saved through the grace of Jesus Christ, repenting of your sin, and accepting Him as your personal Savior,"* then that is the most important thing. From that point on it becomes a matter of "personality." Different congregations have different "personalities" just like people. Some worship very quietly, and some very loudly. The important thing that you must do is to decide which congregation you feel most comfortable with. Not all congregations teach the same thing about how we should live our Christian life but if they teach salvation, and putting off things in our lives that are unlike Christ then you'll most likely be okay.

It is also very important that you not attend a group that justifies sin that is specifically mentioned in the Bible, like homosexuality, abortion, and so forth. These things are sin and God can cleanse them and change people who have been trapped in these things, but we must never justify them and say that they are okay. Make sure your congregation teaches deliverance from these things.

If you are gay or lesbian, or identify with anyone in LGBTQ+, that doesn't mean that you can't be saved. Sin is sin and one is just as bad as the other. However, when we come to Christ, despite the things that might enslave us, once we are truly, genuinely saved, God will begin to lead us out of the sins that have entrapped us. Listen to God. Take the advice of compassionate Christians who understand the bondage that has enslaved us, and let God lead us. I can tell you without doubt that He will lead you out of those things. But let Him do it. Listen to Him. Read His word, pray and listen to what the Holy Spirit is speaking in your heart. You can do it. Many have, and many will. You can too. Just hang in there and know that God loves you as you work through what has controlled your life. I promise, if you follow Him and let Him do the work in your life, you will be made free.

What's The Communion All About?

The Communion is also a symbolic act. We do it to represent how that Jesus' body was broken for us, and that His blood was shed for us. By eating and drinking the communion we are representing the wonderful work He has done inside us when we got saved.

Matthew 26:26-29 records the "last supper" Jesus had with His disciples before He was crucified. They were celebrating the Passover Feast, which was a Jewish Holiday. During this supper Jesus passed around the bread and had each one of them eat a piece. Then He passed around His cup and had each one take a sip. After this He explained what He was going to do for mankind.

The Communion does not actually become the body and blood of Jesus as some might tell you. What does happen is that, when we understand what it symbolizes, it becomes a wonderful spiritual experience for us. When we think about what our Savior has done for us as we take part in the Communion, it makes us happy (or blessed) because of it.

It represents that we have accepted His sacrifice allowing His blood to be spilled just for us, and His body to be broken in our place. When we think about

it like that it gives room for the Holy Spirit to refresh our minds with our salvation experience which helps to keep it fresh and alive.

There's another scripture that some have had a hard time with. It is found in John 6 Jesus spoke about eating His flesh and drinking His blood. It sounds gross and a lot like cannibalism but that is the farthest thing from what Jesus was talking about. He was talking about Himself being the "Bread of Life." He didn't mean that they were to physically eat His body and drink His blood. He was meaning that as we learn of Him, trust His words, live the life He made the way for us to live, that we are in spirit taking Him into our lives and that brings spiritual nourishment to our souls.

Some people think they are unworthy of taking Communion for one reason or another. There are things associated with this to be considered, but for now it is enough to say that if you have accepted Christ as Lord and Savior then you are eligible to take Communion. Do it joyfully in His name.

Summing It Up

I hope we've been able to say some things in this booklet that will help you better understand what being saved is all about. Our contact information appears in the last page of this booklet. If you have further questions or concerns, please, don't hesitate to contact us. We'd be happy to talk to you, pray with you, and help you find the answers to your questions. God loves you, and wants you to know about Him.

If you would like to E-Mail us you may do so at this address:

jerrydousley@gmail.com

We would really like to help you. Your salvation experience is of the utmost importance and urgency. Please don't put it off and don't let others talk you out of it.

You will find more help to aid you in your Christian growth experience on our website at: www.spiritbread.com

If you haven't read our books yet, please go to our website where you can download any or all of our books and booklets absolutely free of charge and without any obligation. You don't even have to leave your email address.